

ENTOG Exchange

Greece 2021

Heraklion

Ruairí Floyd – Ireland Representative

Ruairí Floyd

- Year 1 Obstetrics & Gynaecology
Senior House Officer
- Currently working in Gynaecology at
St. James's Hospital as part of the
Coombe Hub
- Graduated from UL GEMS 2020
- Previously did a degree in Radiation
Therapy in TCD





Heraklion

- Capital of Crete
- 4th largest city in Greece
- Population 211,370
- 20th most visited region in Europe
- University of Crete – ranks in top 400 Universities in the world by The Times Higher Education list and top 100 universities under 50 years old in the QS World University Rankings

University General Hospital of Heraklion



- Founded 1989
- Largest hospital in Crete
- 700 beds
- 50000 treated annually
- 170000 seen in outpatients annually
- Affiliated with University of Crete, School of Medicine



6 countries represented in Heraklion, Crete

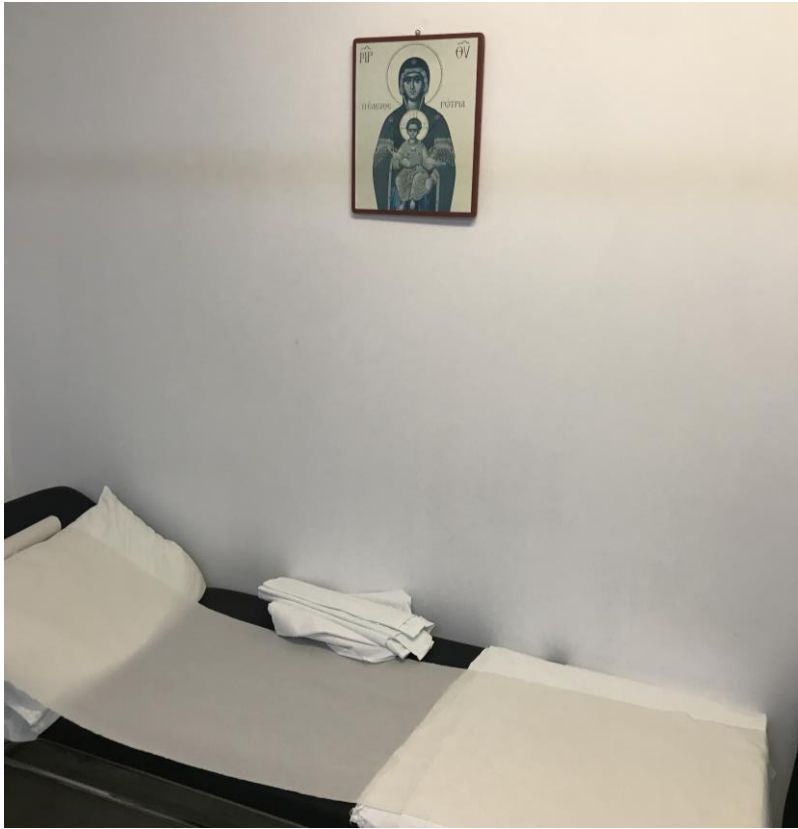
- Dublin, Ireland – Year 1 trainee
- Barcelona, Spain – Year 1 trainee
- Madeira, Portugal – Year 1 trainee
- Paris, Portugal – Final Year
- Ljubljana, Slovenia – Final Year
- Prague, Czech Republic – Final Year

During my 2 days

- 1 day in theatre (1 D&C for PMB, 1 Elective C/S (Repeat) & 1 Radical Open Hysterectomy for 1A Endometroid Endometrial Adenocarcinoma)
- 1 day between Colposcopy and Antenatal clinic

- Majority in Greek!





Clinic Rooms and Ultrasound Suite

Delivery Suite

- About 700 deliveries per year
- C/S rate 60%
- Referral centre for high-risk pregnancies on the Island
- Mainland Greece ~30%
- No epidurals for vaginal deliveries
- No VBAC
- No vaginal breech deliveries
- No vaginal multiple deliveries
- No FBS
- Viability considered 22+6



Main theatre

- Use a lot of Surgicel dressing for haemostasis
- No partner present for C/S (as standard)
- Theatre can be very loud and moves particularly slowly
- No skin to skin as standard post C/S





Colposcopy

- Parrafin oil used for lubricant for speculum exams
- Opt in cervical screening programme
- Less than 50% participation
- Attend colposcopy and HPV swab performed here
- HPV vaccination programme established – Gardasil 9 – 2 doses <15 and 3 doses >15 years old. Considered essentially compulsory
- BSCCP trained colposcopists



Residency in Greece

- Largely similar hours/call commitment
- 2 days leave per month
- Very good quality of life
- Free time spent well – commonly go to the beach after work
- 5 years residency
 - 1-year general surgery training
 - Followed by 4 years obstetrics and gynaecology training
 - Usually remain in same hospital – either small hospital or university
 - Must finish final year in University Hospital
- 9 positions - currently 7 residents with 2 unfilled posts

Bonded over our collective
love of food







Sights of Athens



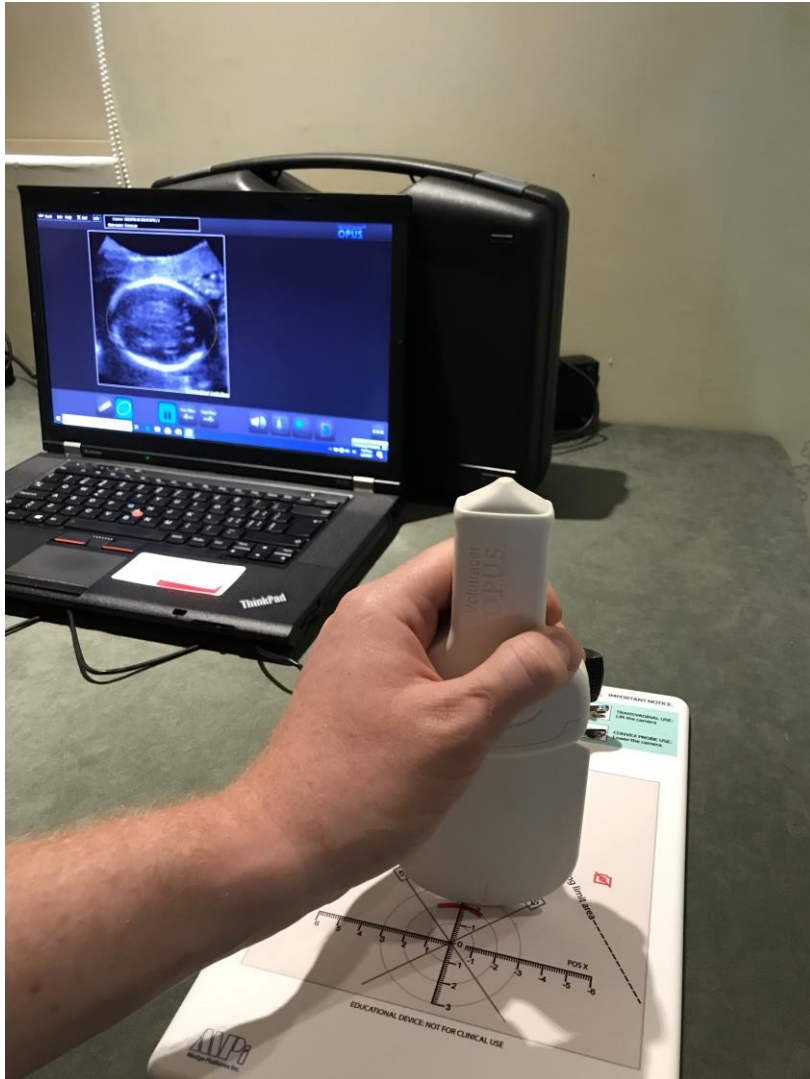
Sights of Heraklion

ENTOG Meeting

- Theme: Infertility (Short Quick-Fire Presentations)
- Assessment of infertile couple
- Selection of most suitable method of reproductive medicine
- Implantation-Placentation
- ENTOG Skills Session
 - Ultrasound and laparoscopic skills training
- ENTOG Council Meeting
 - Explored various opportunities ENTOG offer
 - Met members from other countries
 - Listened to how other exchanges went across Greece



ENTOG Skills Session



Benefits from exchange

- Learning beyond my expectations
 - Various training structures and durations across European countries
 - Workings of the hospital structures in a different European country
 - Differences in practices some minor and some major
- Glimpse of a resident's life/patient experience in Greece
 - Great quality of life
 - Overall similar experiences and exposures albeit less years and lower volume
 - Patient's have a lot of autonomy over their own care
- Realization that Irish standards of care are excellent and while we are always striving to improve, we have excellent standing in Europe
- We, along with the UK, have the longest training scheme in Europe!!

How do you see yourself participating in ENTOG in the future?

- Multicentre Research Group
 - Allows collaboration of European O&G trainees on research projects
 - Allows advertisement of research projects on ENTOG website for collaboration from different European trainees
 - Published some work in international journals
- Project 'Preconception counselling during SARS-CoV2 (Covid19) pandemic'
 - Plan to be Ireland representative and gather Irish data on this novel topic
 - Plan is for a minimum of 6 European countries to be included
 - Would aim to analyse the Irish specific data also and present at national conference
 - Be part of a multicentre multinational European publication
- Participate in the ENTOG Exchange 2022 in Norway with the interesting theme of Vaginal Breech Delivery



Thanks to JOGS and ENTOG
for the opportunity

